



News from the Central Civic Center

Hatsukaichi City Central Civic Center

11-29 Tenjin, Hatsukaichi
City, 738-0012

Phone: 0829-20-1266 Fax: 0829-32-1257 Applications and inquiries for courses

can be made on weekdays from 9am to 5pm. URL: <http://www.city.hatsukaichi.hiroshima.jp/site/chuosc/>

Hiroshima-Yamaguchi Public Reservation Service

Hatsukaichi City Central Civic Center Vacancy Information



Intermediate

楽しく学べるスマホ教室

Following the beginner's class, we will hold an intermediate class. Since it is a small class, you can listen at your own pace. Use your own smartphone to get used to operating it.



Date: Friday, July 11th

13:30-15:00 (including question time)

Location: Central Civic Center, 2nd floor training room

Contents: •LINE group creation, chat, album creation

•Settings for safe use of LINE

Participation fee: 500 yen

Instructor: Ichigo.net (Location: Kendama Shopping Arcade)

Representative Kanami Horikawa

Capacity: 8 people (first come, first

served). Applications must be submitted to the Central Civic Center by Friday, July 4th.



廿日市ウォーキング

Walking is an aerobic exercise that takes in oxygen into the body. Walking while chatting with different people activates the brain and is also effective in preventing dementia.

Why not learn the basics of walking and walk around the town of Hatsukaichi? A walking leader will accompany you, so beginners are also welcome.



Date: Monday, June 16th

9:30-11:30 (Registration from 9:15)

Participation
fee: Free

Meeting place: Central Civic Center

Application: Please apply to the Central Civic Center by Friday, June 13th.

By phone, fax or in person.

*Please bring your own drinks, towels and hats.

*The event will be canceled in case of rain (participants will not be contacted individually by phone to inform them of the cancellation).



Disaster prevention seminar

「災害と火災」について

Earthquakes have occurred in various regions, and there are fears of heavy rain and landslides during the rainy season and typhoons. We will hold a seminar to learn about disasters and fires, recognize the importance of disaster prevention in advance, and think about what preparations and actions should be taken to "save lives."

Date: Sunday, June 22

13:30~15:00 (Opening 13:00)

Location: Central Civic Center, 1st floor, multipurpose hall

Lecturer: Mr. Kazumi Sugata, Hatsukaichi Fire Department



There will also be a fire engine display, and a mock evacuation drill will be held on the day.

*Neighborhood association presidents and disaster prevention officers are requested to participate.

*This seminar is being held in conjunction with Hiroshima Prefecture's "Let's Reduce Disasters Together" prefectural-wide campaign.

Inquiries: Hatsukaichi District Urban Planning Council (Disaster Prevention Division)

Kawasaki 080-1917-8801

Participation is free

No application required



Why not join the fun with your family?
Anyone can participate.





健診の申込は、お済みですか？

By undergoing a health check every year, even small changes can occur.
You can expect to prevent illness without overlooking it.



Group Health Checkup

venue	Checkup Date	U-39 Health Checkup, Specific Health Checkup, Late-stage elderly health check	Lung cancer, colon cancer, stomach cancer, breast cancer	Cervix cancer	Cx8 Type hepatitis
Saki Books Library	20th (Fri)	●	●	●	●
	21st (Sat)	●	●	●	●
	23rd (Mon)	●	●	●	●
	24th (Tues)	●	●	●	●
	25th (Wed)	●	●	●	●
	26th (Thu)	●	●	●	●
	27th (Fri)	●	●	●	●
	29th (Mon)	●	●	●	●
	30th (Tues)	●	●	●	●
	1st (Wed)	●	●	●	●
fruit year N of a p La The	2nd (Thu)	●	●	●	●
	3rd (Fri)	●	●	●	●
	4th (Sat)	●	●	●	●
	5th (Sun)	●	●	●	●
	6th (Mon)	●	●	●	●
	7th (Tues)	●	●	●	●
	25th (Tues)	●	●	●	●
	26th (Wed)	●	●	●	●
	27th (Thu)	●	●	●	●
	28th (Fri)	●	●	●	●
December	29th (Sat)	●	●	●	●
	30th (Sun)	●	●	●	●
	1st (Mon)	●	●	●	●
	2nd (Tues)	●	●	●	●

Children are available on days marked with this symbol (reservations required)

● denotes Ladies' Day. Only women can receive treatment.

*Dependents of the Association Health Insurance, etc. can also take the specific health checkup (excluding Sunday, October 5th and Sunday, November 30th).

40歳から74歳までの国保の特定健診対象の人に、5月下旬頃に特定健診が無料で受けられる受診券(ピンク色)を送付しています。



[Application] Health Check Call Center

☎(0829)31-2026 or online reservation ☞



Individual medical examination at medical institution

[Applications and reservations] Each medical institution

[Application and treatment period] June 2020 to the end of December 2020

Health check items to be implemented

- U-39 health checkup, specific health checkup, health checkup for the elderly (21-74 years old, Hatsukaichi City) National Health Insurance subscribers, Hiroshima Prefecture Medical Insurance for the Elderly subscribers, (Public assistance recipients aged 40 or older)
- Cancer screening (stomach cancer (camera), colon cancer, breast cancer, cervical cancer)

Reception hours (group health checkups)

The time will be decided at the time of reservation between 8:30 and 11:30.
Please come.

Breast cancer screening (group health check-ups)

Breastfeeding women can undergo breast cancer screening at group health checkups.
Please contact a medical institution.

Regarding the biennial health checkups (for both group health checkups and individual health checkups at medical institutions)

Breast and cervical cancer screening: Those who did not undergo city screening last year

Anyone who is able to receive treatment can do so.

Stomach cancer screening was conducted last year as part of the city's screening program, using gastroscopy at individual medical institutions.

People who have not received medical treatment can receive this treatment.

Inquiries: Health Check Call Center (Weekdays: 8:30-16:30)

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• Hatsukaichi district population and number of households As of May 1st * () indicates change from previous month Number of households: 5,094 (+7 households) Population: 10,939 (+7)

A color version of the Civic Center Newsletter can be viewed on the website.

Please search using the QR code or "Hatsukaichi City Central Civic Center Newsletter."



News from Hatsukaichi City Central Civic Center



Announcements from the local area



一廿日市長生会連合会よりー

Dear members of the Choseikail Hatsukaichi Senior Citizens Association

The association will hold an exhibition of their works again this year.

Why not exhibit your creations?

Exhibition period: September 10th (Wed) - September 14th (Sun)

Delivery: Tuesday, September 9th, 13:30-15:30

Removal: Sunday, September 14th, 16:00~

Exhibition Venue: Hatsukaichi Art Gallery (Exhibition Room 3)

Artworks: Painting, calligraphy, photography, ceramics, crafts, fashion accessories

Sculptures etc.

Exhibit fees for members will be covered by the Chosei-kai Federation.

Deadline: Thursday, July 31st



[Inquiries and Applications]

Hatsukaichi City Life Association

Chairman Nakata y (0829312001)



一廿日市地区まちづくり協議会よりー

Youth Memorial to be held on Saturday, June 7th

The concert has been postponed until autumn.

We will inform you of the schedule again!

Organized by Youth Memorial Concert Executive Committee

[Inquiries] Yagi y090-5261-5405



ごいっしょしませんか！ クラブ員募集中

"Painting Club"

Let's draw pictures together

Would you like to see it?

Oil painting, watercolors, etc. are all welcome.

Please come and see it first.



Activity days: 2nd and 4th Saturday of every month from 13:00

For inquiries, please contact the Central Civic Center.

6月の予定

13th (Fri) Easy Smartphone Class 13:30~

16th (Mon) Hatsukaichi Walking 9:15am (Registration)

22nd (Sun) Miyajima Aquarium Backstage Tour

& Tidal flats observation 10:50 (Meet on site)

☞Parking spaces are limited. Please use public transportation.

Please carpool when visiting.

Sign language interpretation and summary transcription



Sign language interpretation and summary writing at courses organized by the center

If you need one, please contact us at least three weeks before the course.

So lame.

